

SUNDAY MASS

ENTRANCE ANTIPHON:

Blessed be God the Father, and the Only Begotten Son of God, and also the Holy Spirit, for he has shown us his merciful love.

FIRST READING: Proverbs 8:22-31.

RESPONSORIAL PSALM: Psalm 8.

RESPONSE:

O Lord, our Lord, how majestic is your name through all the earth!

1. When I see the heavens, the work of your fingers, the moon and the stars which you arranged, what is man that you should keep him in mind, the son of man that you care for him? **R**
2. Yet you have made him little lower than the angels; with glory and honour you crowned him, gave him power over the works of your hands. **R**
3. You put all things under his feet, all of them, sheep and oxen, yes, even the cattle of the fields, birds of the air, and fish of the sea that make their way through the waters. **R**

SECOND READING: Romans 5:1-5.

GOSPEL ACCLAMATION:

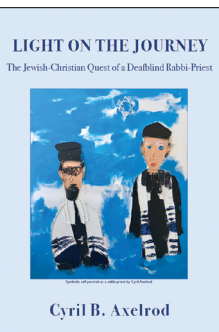
Alleluia, alleluia. Glory to the Father, the Son, and the Holy Spirit; to God who is, who was, and who is to come. Alleluia.

GOSPEL: John 16:12-15.

COMMUNION ANTIPHON:

Since you are children of God, God has sent into your hearts the Spirit of his Son, the Spirit who cries out: Abba, Father.

Fr Cyril Axelrod has done it again – he has written another book! Undaunted by being Deafblind, having already written an autobiography and a sequel, he now reflects prayerfully on his Jewish origins and spirituality, bringing these into harmony with his Christian faith. This book is an inspiration to all.



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THE WEEK AHEAD

Live the Word

Mon 16 Jun Liturgy of the Day

2 Corinthians 6:1-10; Psalm 98; Matthew 5:38-42

Reflect, today, upon any hurt you may currently be struggling with, and consider how you have been dealing with that hurt. Pray for the grace to give to others the same level of mercy that God gives to you.

Tue 17 Jun Liturgy of the Day

2 Corinthians 8:1-9; Psalm 146; Matthew 5:43-48

Towards whom do you hold a grudge? Commit yourself to deep and sustained prayer for that person. Praying for your persecutors – imitating the abundant mercy of God – will radically transform you interiorly.

Wed 18 Jun Liturgy of the Day

2 Corinthians 9:6-11; Psalm 112; Matthew 6:1-6.16-18

Do you fast? Do you engage in other forms of self-denial on a regular basis? If, perhaps, you suffer from some daily cross that is beyond your control, then try to turn it into a spiritual offering to God.

Thu 19 Jun CHRIST THE HIGH PRIEST

Jeremiah 31:31-34; Psalm 110; Mark 14:22-25

"A prophet cannot know that all will be well, that those in power will wake up and mend the damage they have caused, and that peace will prevail. They must rest in unknowing ... which can feel a lot like grief." – Mirabai Starr

Fri 20 Jun Liturgy of the Day

2 Corinthians 11:18.21-30; Psalm 34; Matthew 6:19-23

Forgive, forgive and forgive again. Never stop and never tire of this act of mercy. If you do this, you may even discover that your feelings and passions eventually align with the choice you have made.

Sat 21 Jun St Aloysius Gonzaga, R

2 Corinthians 12:1-10; Psalm 34; Matthew 6:24-34

Can an overweight and air-conditioned society deprive itself of anything? It will when it discovers a reason, as Aloysius did. The motivation for letting God purify us is the experience of God loving us in prayer.

Sun 22 Jun CORPUS CHRISTI

Genesis 14:18-20; Psalm 110; Luke 9:11-17

"I believe that the most necessary thing to do on the feast of Corpus Christi is not to explain some aspect of the Eucharist, but to revive wonder and marvel before the mystery." – Raniero Cantalamessa

KEY: **SOLEMNITY**; FEAST; Memorial; (Optional Memorial)
Pr=Priest; B=Bishop; P=Pope

Catholic Link

PILGRIMS OF HOPE – TRINITY

Trinity Sunday • Year C
Divine Office: Week III • 15 June 2025

Our Journey into God

Celebrating the Holy Trinity against the Jubilee Year's watchword, "pilgrims of hope", we draw on the thoughts of Pope Francis in his recent "heart" encyclical, *Dilexit Nos*. Indeed, the very notion of pilgrimage and journey shapes his introduction:

The Letter to the Hebrews urges us to "run with perseverance the race that is set before us, looking to Jesus" (12:2). At the same time, we need to realize that Jesus speaks of himself as the way to the Father: "I am the way... No one comes to the Father except through me" (Jn 14:6). Jesus wants to bring us to the Father.

For the mystics, the ultimate purpose of life on earth is our journey into God, into full participation in the life of the Trinity. Jesus not only shows the way; he is the Way. Pope Francis quotes his holy predecessor, Saint John Paul II, who said, "the whole of the Christian life is like a great pilgrimage to the house of the Father".

How appropriate that our Jubilee theme 2025 is "pilgrims of hope". Pope Francis goes so far as to suggest that Jesus himself is the first pilgrim, the one who initiates the journey to the Father:

Jesus' life among us was a journey of response to the constant call of his human heart to come to the Father.

Jesus knew that he had always been loved by the Father: "You loved me before the foundation of the world" (Jn 17:24). Humanly, he had rejoiced at hearing the Father say to him: "You

are my Son, the Beloved; with you I am well pleased" (Mk 1:11). With these words echoing in his ears, Jesus began his mission on earth, remaining, as St John the Evangelist tells us, "always close to the Father's heart" (Jn 1:18). This would lead to, and end in, his ultimate act of love for, trust in, and surrender to the Father: "Father, into your hands I commend my spirit" (Lk 23:46). (May we all end our journey into God with those words!)

In this pilgrimage, the role of the Holy Spirit is key. Saint John Paul II said that Christ's heart is "the Holy Spirit's masterpiece". Pope Francis picks up on this: This is more than simply a past event, for even now "the heart of Christ is alive with the action of the Holy Spirit, to whom Jesus attributed the inspiration of his mission (cf. Lk 4:18; Is 61:1). In a word, only the Holy Spirit can open up before us the fullness of the 'inner person', which is found in the heart of Christ. He alone can cause our human hearts to draw

strength from that fullness, step by step.

These words capture the true purpose of pilgrimage. It is not a sightseeing tour, a stroll through a forest or the ascent of a mountain. On the contrary, it is a journey that takes us inward. The great Dominican mystic, Meister Eckhart, said that if the spiritual life is a journey, it is about one centimetre long but many kilometres deep. In that depth we discover the mysterious working of the Spirit, who groans within us, saying – and teaching us to say – "Abba!"



Representation of the Trinity in the form of the mercy seat (epitaph from 1549) at the Bremen Cathedral, Germany